



Issue 284 - August 2026

Centre page pullout –
mixed services

...

Village mowing update

...

News from our
Olympic hopeful

Credit: James Smart



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Musings from the Ed

It's hot. Hot and muggy and everything that comes with that. How many of you were out in the night of July 10th, grappling with the garden snake to give your plants just one last soaking before the hosepipe ban kicked in at 1am on 11th?

This edition is packed full of news again. We hear from our village Olympic hopeful, Rachael Potter who explains her rise in the sailing world to Olympic standard. The PC provides an update on village mowing, Shacks Barn, allotments and Neighbourhood Plan. We are all invited to join the Olney Meadow Team in September for the annual hayrake; an important volunteering opportunity for any age. You just need gloves and as much or as little time as you can spare.

We are delighted to announce that the News & Views website is now live at silverstonenewsandviews.co.uk. A HUGE thanks goes to Dave Dalziel who secured and donated the domain and Stuart Moodey who built & coded the website. Dave is no longer in the village but was always a tremendous support to us. Stuart and I go back over 20 years, and he was delighted to support our publication by offering his build services free of charge. We are very grateful for all his hard work in making our dream of an online publication a reality. Now readers have a choice of mediums to

view News & Views and a quick and easy way to access previous editions.

We have already uploaded a substantial number of previous editions into the online archive for your delectation and are awaiting news of a possible grant for digitisation of some of the hardcopies that we have in our physical archive so we can add them to the online archive. On the next page, you will see a short version of the listing of those we have yet to track down. Those highlighted in yellow are the ones we are after and fall between 1980 and 2006. If you are able to help in locating these copies, do let us know as they are an important part of the social history of the village and we would love to make them available to future generations.

Enjoy this edition. Don't forget, this is your magazine and all input from villagers is very welcome. Email silverstonenewsandviews@gmail.com



Missing Editions - News and Views Archive

EDITIONS	February	April	June	August	October	December
1979		0	1	2	3	4
1980	5	6	7	8	9	10
1981	11	12	13	14	15	16
1982	17	18	19	20	21	22
1983	23	24	25	26	27	28
1984	29	30	31	32	33	34
1985	35	36	37	38	39	40
1986	41	42	43	44	45	46
1987	47	48	49	50	51	52
1988	53	54	55	56	57	58
1989	59	60	61	62	63	64
1990	65	66	67	68	69	70
1991	71	72	73	74	75	76
1992	77	78	79	80	81	82
1993	83	84	85	86	87	88
1994	89	90	91	92	93	94
1995	95	96	97	98	99	100
1996	101	102	103	104	105	106
1997	107	108	109	110	111	112
1998	113	114	115	116	117	118
1999	119	120	121	122	123	124
2000	125	126	127	128	129	130
2001	131	132	133	134	135	136
2002	137	138	139	140	141	142
2003	143	144	145	146	147	148
2004	149	150	151	152	153	154
2005	155	156	157	158	159	160
2006	161	162	163	164	165	166

Missing
 Uploaded
 Awaiting digitisation

Are You Getting What You Pay For from Microsoft 365?



Many people pay for Microsoft 365 every month without being completely sure what is

included, whether they are using it properly, or whether they are paying for more than they actually need.

For households, self-employed people, charities and businesses alike, Microsoft subscriptions can gradually become more complicated than expected. Extra licences are added, old accounts are left active, different packages overlap, and services continue to be billed long after they are needed. Over time, this can result in unnecessary monthly costs. At the same time, many users are not making full use of the tools they already have.

For most people, Microsoft 365 means Outlook, Word and Excel. However, depending on the subscription, it may also include services such as OneDrive, Teams, Forms, Planner, Bookings and SharePoint. These can help with storing and sharing files, organising information, managing appointments, working remotely and keeping track of tasks. For a household, that might mean safer file storage, easier access to documents and better organisation across several devices. For a business or organisation, it could mean more efficient working, improved collaboration and less time spent searching for information.

The key is not to use every available

feature, but to have the right combination of tools and licences for the way you actually work.

Artificial intelligence is also becoming part of the Microsoft environment. Tools such as Copilot can help draft emails, summarise documents, organise ideas and analyse information. Used carefully, AI can save time and reduce repetitive work. However, it is important to understand the additional costs, whether the tools are genuinely useful, and what information is safe to share.

Security and backup are also worth reviewing. Many people assume their Microsoft 365 data is automatically fully backed up, or that every account is properly protected. In reality, settings, access controls and backup arrangements often need checking.

Just Computers has been helping individuals, families and businesses with technology for over 35 years. During that time, we have built a loyal, long-standing customer base by offering straightforward advice, reliable support and explanations in plain English.

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Contact us for an informal review and find out whether you could save money, simplify your setup and get more value from Microsoft 365.

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Thank You Silverstone!

Over 2,600 vehicles parked • One community
GP Parking isn't just about parking cars — it is **about people**. Every volunteer, resident and visitor helped raise funds for organisations supporting the children and young people of Silverstone.



Join the Team for 2027!

We're looking for volunteers to help make next year even better. Experience isn't essential — just enthusiasm!

- Event day and volunteer support
- Social media
- Administration



Fancy joining us?
We'd love to have you on the team!

www.silverstoneschoolparking.co.uk

hello@silverstoneschoolparking.co.uk



Silverstone School Parking CIC, a company registered in England and Wales.
Company number: 14761818

Silverstone School Parking CIC – What a fantastic Grand Prix weekend it was!

As the F1 British Grand Prix returned to Silverstone, volunteers from our village and surrounding area joined forces once more to deliver another successful GP Parking event.

Visitors again praised the friendly atmosphere and warm welcome that make parking with us part of their Silverstone experience. But this event is about much more than parking cars — **it's about people**. At its heart, GP Parking brings our community together to raise funds for organisations that support local children. Every volunteer hour, recommendation, helping hand and vehicle parked helps make that possible.

A Huge Thank You

Events on this scale rely on many people, and we're grateful to everyone who helped make the weekend such a success: Thank you to our **amazing volunteer community**, supporters from Silverstone Pre-School, 1st Silverstone Brownies, Silverstone Cricket Club Juniors, Greens Norton Scouts, Friends of Greens Norton School (FRoGS), Friends of Silverstone School (FoSS), Sponne School PFA, and staff from Silverstone CE Primary School came together and demonstrated the very best of community spirit, teamwork and local pride.

The residents of Silverstone village, for recommending us and for their patience, understanding and kindness towards our volunteers.

Special thanks to **Katie at Towcester**

Community Larder, Michelle and the Café 74 team for keeping our volunteers fuelled, **5 Star Loos** for providing clean, much appreciated portaloos and **our landowners**, the Almond and Linnell families, without whom GP Parking would not be so successful.

Looking Ahead – Save the Date

After a well-earned summer break, we'd like to invite residents, volunteers and anyone interested in GP Parking to join us at our Community Meeting on **3 November**, where we'll share this year's fundraising results and look ahead to 2027. Further details will be announced nearer the date.

Could You Join Our Team?

As we start planning for 2027, we're looking for more people to help shape the future of GP Parking. Whether you enjoy the buzz of event weekend or prefer helping behind the scenes, there's a place for you. No experience is needed – just enthusiasm, a smile and a willingness to get involved.

Find out more at www.silverstone-schoolparking.co.uk or email hello@silverstoneschoolparking.co.uk

Thank you to everyone who helped make this year's event such a success. We're incredibly proud of what our community can achieve - GP Parking is proof that when Silverstone comes together, amazing things can happen! See you in November.

Kirstie, Tom, Jonathan and James
Silverstone School Parking CIC –
Core Team



Rosemary's Garden Tips



It has always been said that August is a time when us gardeners should sit back and enjoy the fruits of our labours. The hard work we've put in during spring and early is now paying off, which just leaves maintenance to pay attention to!

To extend the enjoyment of your garden into late summer and autumn, here are some things you can do to keep things going.



The pale colours of spring are replaced by the stronger colours of

late summer such as reds, yellows and oranges, with Rudbeckia, sunflowers, dahlias etc.

Michaelmas Daisies also are marvelous for providing late nectar for butterflies and pollinators. The old fashioned tall varieties are best, with a choice of mauves, pinks and white. I love them and no garden should be without them in my opinion. They are now known as 'Symphyotrichum' if you plan on checking them out.

Watering is of course the main form of maintenance at this time of year. But don't forget to keep on feeding things such as tomatoes and summer containers, before they run out of oomph.

One of the best memories of summer for me is a warm freshly

picked tomato, sliced with a sprinkle of salt and a drizzle of olive oil, perfection!

Other jobs

Perhaps cut your grass a bit higher during the hot weather, it helps retain moisture and provides a home for insects which in turn helps to feed the birds.

Leave out a few shallow containers of water for birds and hedgehogs, which might sound obvious but worth mentioning.

Keep deadheading summer bedding and roses to extend the flowering period for as long as possible, especially if we have a mild autumn. Leave some seed heads on perennials to mature, for birds such as finches.

Think about adding bulbs to your garden for some lovely extra spring colour. Tulips, crocus daffs, snowdrops all fill the gap between winter and the first perennials.

Some do better in pots than in our heavy Silverstone soil. I have found my daffs and narcissi have rotted after a couple of years.

It is worth trying Camassias, which thrive when naturalised in damp grassland. They come in blues, purple and white. Hopefully these will do well in our soil.

Enjoy your late summer gardens and admire your hard work. Chin chin!



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News from Silverstone Parish Council

clerk@silverstone-pc.gov.uk | Telephone: 07956 449 205

www.silverstone-pc.gov.uk

Shacks Barn Update

Following the refusal of planning permission by the WNC Strategic Planning Committee for this application, the developer has submitted an appeal to the Planning Inspectorate. We do not yet have a date for the Hearing from the Planning Inspectorate.

Meanwhile, Silverstone Parish Council has submitted representations to the Inspectorate on behalf of the residents of this Parish on the following grounds:

- Planning Policy Breach: The scheme extends 2.8ha beyond the 10-hectare allocation, undermining policy and enabling excessive development.
- Scale, Massing, and Visual Harm: Units D and E create a 150,000 sq ft, 15m-high building—9m taller than existing structures—causing inappropriate massing, visual intrusion, and harm to the rural landscape and nearby heritage assets.
- Transport and Safety Impacts: 65% of traffic will pass through Silverstone village without mitigation, increasing risks for pedestrians, including schoolchildren, and compounding congestion.
- Environmental and Health Concerns: Extra LGV/HGV movements will raise particulate pollution, posing serious health risks, particularly to children.
- Sustainability and Consultation Failures: The proposal lacks credible long-term public transport or active travel measures, and consultation with the Parish Council only occurred after refusal.

Full text of the representation is available from the Clerk.

Grass Cutting

It was hard to miss the problems we have had so far this year with getting the verges and other grass areas cut in a timely manner, as residents ourselves, we understand the frustration and as a Council we wholeheartedly apologise for this.

We have contracted with WNC to cut the verges three times this year, unfortunately their contractors cut fewer areas within the village than our previous contractors. We have arranged a separate cut of the overgrown churchyard and will be discussing with the Church as to how this area will be maintained in the future. We are now getting quotes for a further six village cuts this year and have started to liaise to get next year arranged in good time. If anyone knows of a company that might be able to offer their services, please email the Clerk at: clerk@silverstone-pc.gov.uk

Olney Pocket Park Hayrake

Every year the volunteers at Olney Park arrange a village Hayrake, open for everyone to join in. It is a great opportunity to get to know people, help the ecology of this lovely bit of the village and have some fun.

This year the Hayrake will be on Saturday 5th September, at 9am, meet at Olney Pocket Park. Do come and join us - for as long or as short a time as you can.

All ages are welcome and refreshments will be provided. Please bring gloves.

(Olney meadow can be accessed from the bottom of Graham Hill, from Stewart Drive and also from Green Lane.)

Report back on the drop-in sessions for Cattle End

Following the session last week with the National Grid and Contractors for the Electrical Work in Cattle End. Whilst recognising that the work may be underway by the time residents receive this edition, the Contractors are approachable and that if a resident has an appointment that they let them know the time they will be leaving the day before so they can plan their work accordingly to minimise delay.

Report back on the post GP drop in session

Thank you to the Villagers who have provided feedback via the Drop In and by Email to the Circuit Representatives and Clerk following the Grand Prix. The comments were discussed along with a summary of those raised directly with the Circuit during the August Full Parish Council Meeting. The village feedback was then shared with the Circuit ahead of a meeting with the Circuit Representatives due in September.

Allotments update

The progress has not been quite as fast as we would like. However, by the autumn there should be water and power to the site, along with another street light down to the car park. Then the management company should turf the grass paths separating the allotments towards the end of the growing season. Hopefully there will be a handover to the PC at end of this year and with the Allotment Association planned to take over running the site for the PC, there should be the ability to start growing next year.

Neighbourhood Plan

We have been asked by several residents recently for an update on the status of the Silverstone Neighbourhood Development Plan.

The Plan has now been through the full Regulation 14 Consultation. This produced 123 comments from a broad range of local stakeholders, residents, adjoining parishes, Ward Councillors and statutory stakeholder respondents. All of these responses have been considered, noted and replied to within the SNDP ancillary documents.

The Plan is approximately three weeks off being sent as a complete document to WNC. We are currently composing the Consultation Statement listing all community interactions, responses and outcomes. WNC will then review the documents and consult internally before sending it to the Planning Inspector for comments and hopefully, approval. It then comes back to the village for a referendum vote on whether to adopt it.

The PC is then planning to start an early review to incorporate the new WNC Local Plan and more recent Government changes in housing requirements. To take this forward we will need a Working Group of residents and councillors and the PC will be asking for volunteers to help with that. It is a great opportunity to help shape the future of our village!

Brickle Park

In early spring our Brickle Park volunteers and a local carpenter made and installed eight bird boxes in the Brickle Pocket Park. We are delighted to say that all eight had birds nesting in them. A big thank you to everyone who helped with this.

From Silverstone to the World Stage – A Local Athlete’s Journey Towards LA 2028

My name is Rachael, and I am a local athlete from Silverstone currently competing as part of the British Sailing Squad in the Olympic 470 class. I am proud to represent Great Britain and am working towards my ambition of competing at the LA 2028 Olympic Games, with the long-term goal of continuing towards Brisbane 2032.

My journey to Olympic sailing has been anything but conventional. I originally competed as a professional cricketer for Loughborough Lightning before moving into Formula One with Mercedes, working in one of the world’s most competitive sporting environments. However, everything changed when I was selected for the RYA Crew4Gold talent identification programme – despite having never sailed before.

Starting as a complete beginner, I threw myself into learning an entirely new sport. Through hard work, dedication, and the support of some incredible coaches, I progressed through the pathway and was eventually selected for the British Sailing Squad. I now spend much of the year training and competing internationally against some of the world’s best sailors, working towards the dream of representing Great Britain at the Olympic Games.

Making this commitment required a huge decision. I left a stable and rewarding career with Mercedes Formula One to pursue an Olympic



campaign, knowing there were no guarantees. Unlike many sailors, I did not grow up in the sport or come from a sailing background, so every step has been about learning, adapting, and proving myself at the highest level.

Olympic sailing is also one of the most expensive sports to compete in. Athletes are responsible for significant costs including travel, accommodation, coaching, equipment, boat transport, and competition expenses. During the winter, we spend more than half of our time training overseas, creating a substantial financial commitment alongside the demands of a full-time campaign. I currently work part-time alongside training to help fund my journey.

I am now looking for local businesses and individuals who would like to become part of this journey. Sponsorship would not just provide valuable support; it would allow the Silverstone community to follow and be involved in an Olympic campaign from the early stages.

In return, I would love to build genuine partnerships, offering advertising opportunities, social media exposure, talks, visits, and in-person days where I can share my experiences from competing at the highest level.

I hope to bring the local community with me on this journey and show that

with determination, commitment, and support, an athlete from Silverstone can aim for the biggest stage in world sport.

WhatsApp – 07891726317
Email - rachael.potter99@gmail.com
Website - jr470.uk

Silverstone Search - Movie Mania

Answers on page 50



Find the following words in the puzzle.
Words are hidden and and and and

- | | | | |
|------------|----------|--------|------|
| TERMINATOR | PARASITE | PSYCHO | NOPE |
| GOODFELLAS | WHIPLASH | FROZEN | JUNO |
| MALEFICENT | MERMAIDS | ALIEN | FEAR |
| INCEPTION | IDENTITY | HAVEN | ARGO |
| HALLOWEEN | TITANIC | WINGS | HOOK |
| LIMELIGHT | PILGRIM | SHREK | SOLO |
| PINOCCHIO | JUMANJI | BRAVE | |
| LABYRINTH | AVATAR | DUNE | |

News from the Methodist Chapel

We had an incredible time at the Chapel for the F1 weekend when we were open on the Friday, Saturday and Sunday as a 'Pit Stop' for visitors to the Circuit who needed space, shelter from the heat, free drinks and cakes, toilet breaks and phone charging. We had some lovely visitors, and lots of good conversations.

A team from the Methodist Church Evangelism and Growth team camped at the Circuit and had 3 venues where they were able to interact with visitors, have a space for prayer and were out and about amongst the crowds. The Vice President of the Methodist Conference was also with us and gave the sermon at our Sunday morning service. Thank you to everyone locally who supported this weekend by giving their time to be at the Chapel and to those who baked cakes.

Most of the groups who use the Chapel during the week will be taking a break in August, we hope you all have a lovely summer.

Also having a break in August is the **Community Café**. Our volunteers work so hard throughout the year, and this is our time for holidays and a little rest! We'll be open again on September 10th ...hope to see you there. Thank you to everyone who supports us each month and comes to enjoy the drinks, cakes and time to chat with friends and to our wonderful volunteers.

On September 13th the Chapel will be celebrating our Harvest Festival, with all gifts going to Towcester Foodbank.

From Saturday September 19th – Sunday 27th we will once again be hosting the **Art Trail**. There will be lots of wonderful things for us all to see and enjoy. We will be open from 10am – 4pm on the 2 Saturdays and weekdays and from 12 – 4 on the 2 Sundays. Refreshments will also be available during the week from 11am – 3pm weekdays and 12 – 3pm on the Sundays. There will also be a Songs of Praise service on the 27th at 4pm to which you are invited. Look out for posters around the village and brochures at the chapel and the shop.

Sunday services continue at 10am with a mix of modern and traditional worship. Coffee is served from 9.40am. Having paused the PM service for a few months it has been decided to have one PM service per month on the following dates: Sunday 20 September & Sunday 18 October at 6 pm and Sunday 15 November at 3 pm. We share United Services with our friends from St Michaels Church on the 3rd Sunday of each month at 10am. In August & September this will be at the Chapel and in October at St Michaels Church. A warm welcome awaits you at any of the services.

Please take a look at our outside notice board, which is updated weekly, for information on services and events. If you would like to hire the premises please call Mrs Mavis Evans 07549 115598. If you need to speak to our Minister, Rev Sara Cliff, she can be reached on 07974 784059.

Have a lovely summer everyone.

At Silverstone Methodist Chapel

Silverstone Community Café

2nd Thursday of each month
10am-12noon

Serving homemade cakes, scrumptious coffee and teas, to help raise funds for local groups and charities.

Silverstone Community Café

We were pleased to send the profits of the June café, £320.00 to MIND in Towcester, who offer support groups, counselling, training, and drop in sessions to enhance the accessibility of mental health services in the local area.

In July £300 went to Supreme Malawi, the money will be used to provide women & girls in Malawi with access to safe and affordable reusable sanitary products.

Thank you to you all for supporting us throughout the year and to our amazing volunteers who do so much each month. Pat & Judith are so grateful for your help each month.

Our volunteers are having a well-earned rest in August, but we will be back in September and we look forward to welcoming you all.

Dates for your diary:

September 10th - MacMillan Cancer Care

November 12th - NGH Christmas Appeal

December 10th - Action for Children

	Community eats & drinks
	Events
	Groups & clubs
	PC

Date	Event
18/7 - 06/09/2026	Hop, Skip & Soar Playtrail
31/07/2026	Festival of archaeology
01/08/2026	The Jungle Book
01/08/2026	Festival of archaeology
Tuesdays throughout August	Nature Explorers
05/08/2026	Book Club
05/08/2026	Chat & Craft
07/08-09/08/2026	MotoGP
07/08/2026	The Wood Oven
10/08/2026	Parish Council Meeting
11/08/2026	WI Annual Summer walk, Stowe
12/08/2026	Gurkha Streetfood
19/08/2026	Chat & Craft
02/09/2026	Chat & Craft
02/09/2026	Book Club
04/09/2026	The Wood Oven
04/09/2026	Aston Martin Factory Tour
05/09/2026	Olney Meadow Hayrake
07/09/2026	Art classes start
08/09/2026	WI 'The Four Daughters of Venice' - Loredana Harley
09/09/2026	Gurkha Streetfood
10/09/2026	Community Café
11/09/2026	Silverstone Youth Hub
12/09/2026	Ride, Stride and Drive
14/09/2026	Parish Council Meeting
15/09/2026	News & Views cut off
16/09/2026	Chat & Craft
18/09/2026	Silverstone Youth Hub
19 - 27/09/2026	Northants & Rutland Open Studios
25/09/2026	Silverstone Youth Hub
26-27/09/2026	Harvest foraging walks
26-27/09/2026	Apple Harvest weekend
28/09/2026	SGC Water Garden Solutions
30/09/2026	Chat & Craft
02/10/2026	The Wood Oven
02/10/2026	Silverstone Youth Hub
07/10/2026	Book Club
07/10/2026	Start of 4 week Mindful Doodling workshop by Gini Dellow
08/10/2026	Community Café
09/10/2026	Silverstone Youth Hub

Village Events

Time	Location
10.00am to 4.00pm	Canons Ashby
10.30am - 2.30pm	Canons Ashby
5.30pm - 7.15pm	Canons Ashby
10.30am - 2.30pm	Canons Ashby
	Canons Ashby
7.00pm	White Horse Pub
2.00pm - 4.00pm	Church Rooms
Silverstone Circuit	
5.00pm - 8.00pm	SRA
8.00pm	SRA
5.00pm - 8.00pm	SRA
2.00pm - 4.00pm	Church Rooms
2.00pm - 4.00pm	Church Rooms
7.00pm	White Horse Pub
5.00pm - 8.00pm	SRA
Ticket only - contact SRA	
9.00am	Olney Meadow Pocket Park
See advert on page 33	
Doors open 7.00pm for 7.30pm start	Church Rooms
5.00pm - 8.00pm	SRA
10.00am - 12.00pm	Methodist Chapel
7.00pm - 8.30pm	SRA
	St Michael's Church, Silverstone
8.00pm	SRA
4.00pm	
2.00pm - 4.00pm	Church Rooms
7.00pm - 8.30pm	SRA
Various - see ad	Methodist Chapel
7.00pm - 8.30pm	SRA
10.30am - 11.30am	Canons Ashby
10.30am - 4.00pm	Canons Ashby
Doors open 7.15pm for 7.30pm start	Church Rooms
2.00pm - 4.00pm	Church Rooms
5.00pm - 8.00pm	SRA
7.00pm - 8.30pm	SRA
7.00pm	White Horse Pub
7.00pm - 8.00pm	St Michael's Church Rooms, Silverstone
10.00am - 12.00pm	Methodist Chapel
7.00pm - 8.30pm	SRA



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Summer Highlights from the SRA

As another busy summer continues at the SRA, it's wonderful to look back at everything that's already happened and thank everyone who has helped make it such a success.

Picnic in the Park, an exclusive event organised by Elaine and Peter Dyer, was another fantastic community event, bringing families and friends together for a wonderful day. A huge congratulations and thank you go to Elaine and Pete Dyer, whose planning, organisation and fundraising made it all possible. They would also like to thank Johann Baker, Nicky Fitzmaurice, Steve Collis, Mik Broomhall and Wendy Bridge for their invaluable support, along with everyone else who volunteered and helped on the day.

The British Grand Prix once again brought a real buzz to the village. Pavilion Camping was another great success, welcoming visitors from far and wide, while Café 74 and the Pavilion Bar received many compliments for their food, coffee, friendly service and welcoming atmosphere throughout the weekend.

We were delighted to host Aston Martin for a few hours of filming at the SRA, providing a fantastic opportunity to showcase our facilities. It was a pleasure to welcome Alfie Watts, who spent time with members of the community talking about the importance of having a place that feels like home - and what better

place than the SRA?

We're pleased to confirm that our postponed Aston Martin Factory Tour will now take place on 4 September, with a further tour on 31 October. These popular events continue to raise valuable funds for the SRA, and we look forward to welcoming another two groups behind the scenes.

Cricket continues to flourish at the SRA, with more junior teams than ever making use of our excellent facilities. It's fantastic to see so many young people enjoying the game.

We know how fortunate we are to have some of the finest playing fields in the surrounding area. They provide a wonderful space for sport, recreation and community events throughout the year. Maintaining them costs around £20,000 annually, funded by the SRA, but we're sure you'll agree they're a valuable asset that benefits the whole village.

Whether you're visiting the play area, watching a game of cricket, meeting friends for breakfast, coffee, lunch or tea and cake at Café 74, or enjoying a drink at the Pavilion Bar, the SRA offers something for everyone. It's a place to relax, catch up with friends and neighbours, and enjoy everything our community has to offer.

We look forward to seeing you at the SRA over the rest of the summer.

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The Silverstone Weather Forecast

The weather is both unpredictable and an important topic of the British conversation. To Brits weather forecasting can be on a day-by-day basis, seasonal, or even yearly particularly in the countryside. Silverstone is no different.

The Met Office and other agencies have an extensive range of equipment to predict the weather to an ever-accurate degree. People take for granted the forecasts are right without looking at the sky or countryside for a self-prediction. The national weather agencies have focused reporting for fishermen and the farming community.

We have all been told of "rain before seven, fine after eleven", and "red sky at night, shepherd's delight, red sky in the morning, shepherd's warning". Others include "clear moon, frost soon" and "flies will swarm ahead of a storm". Today more faith is given to the weather forecast causing some organisations to cancel fetes, concerts etc. being cancelled or modified in anticipation of weather conditions.

We hear "If the oak is out before the ash, we're in for a splash, if the ash is out before the oak, we're in for a soak" and Mark Twain once said, "climate is what we expect, weather is what we get".

Silverstone is no different and has, like other rural communities have over the years, had their own ways of predicting the weather, and decide which activities take precedence. As a child I was told "if it rains on St Swithin's day, jump over the puddles" and "if the sun is shining, take a mack, if it's raining, please yourself" and "if you can see Bucknells, it's going to rain, if you can't, it's raining".



An old Silson saying that has been passed down through the ages regarding the weather is;

"Arther Paine said "it would rain",
Bill Brunt said "it wunt",
Frank Saul said "it ull",
Master Sid said, "it did".

This saying was established in times before the knowledge of the gulf stream, and when Silverstone men thought "El Niño" played alongside Pele for Brazil.

Hoping it will soon rain, I'll conclude saying "let's hope we enjoy the weather this summer, whether it is sunny, or whether it is overcast".

Gerald Lovell

St Michael's Church, Silverstone

The Grand Prix has passed, and the summer is raging on. As I write, the schools are coming to the end of term. We had a wonderful visit into St Michael's Church by Year Two from Silverstone CE Primary School to look at Sacred Spaces, the children were wonderful, well behaved, inquisitive and ready to learn, very pleasing.

As some of the children leave school to move on with their education in September we, the church, organise with a charity called the Lord Wharton Charity to give each child a copy of the New Testament to remind them of their days in a Church school. We are very grateful to the charity for supporting this.

Although it is normally a quiet time for the Church through August, we are blessed in having a wedding blessing and a wedding in St Michael's Church. The blessing is for Vannessa and Rob, who were married earlier this year in Australia and want to celebrate with family and friends here in Silverstone and then, on 22nd, we look forward to the celebration of Holy Matrimony with Josh and Caitlin.

In September there is an annual event called Ride and Stride, although this name has expanded now to Ride, Stride and Drive. It is organized through Northampton Historic Churches, a charity that looks to support the maintenance of historic

church buildings of any denomination in the county of Northamptonshire. This event will be taking place on the 12th of September, the 2nd Saturday in September. We will hopefully have a small group that will be journeying to visit a few other churches and will have our Church open for visitors to Silverstone, at least so they can get a mark in their book to prove the visit happened.

In October, probably on the 4th of October, we will celebrate Harvest in Church, yes, that will be the time for Harvest Thanksgiving. We will hold this as a part of the Holy Eucharist in our 10 a.m. service. In the last few years, this has seemed to have declined rather, it would be wonderful to see a little more support for Harvest Thanksgiving from this rural part of our wonderful land. The gifts that are offered will be used to support the Towcester foodbank with any dry goods, tins etc. Any fresh produce we normally send on to the Hope Centre in Northampton and all their important work for the homeless in the town.

And so, here is a reminder of the times we offer worship in St Michael's Church, or alongside our friends at Silverstone Methodist Church.

Each Thursday at 9:30 a.m. we have a service of the Holy Eucharist; this is a spoken service. It is followed by Tea or Coffee at the back of church, do join

us for the service or even just for the drink and a chat afterwards (normally about 10:15!)

We have Sunday worship as follows:

1st Sunday at 10 a.m., The Holy Eucharist

2nd Sunday at 4 p.m., T@4 an All Age offering with activities for all and an act of worship

3rd Sunday at 10 a.m. Combined Worship with the Methodists, Jan, Feb & March: July, August, September in the Methodist Chapel, the other months in St Michael's Church

4th Sunday at 5:30 p.m. Evening Prayer, often as a sung service with traditional language prayers.

In months with a 5th Sunday, the service moves about the Benefice, look at our website for details www.whittlewoodparishes.org.uk

If you need any further details about the church, do get in touch with us. You can contact the Rector, Revd Paul by email at revpaulmcleod@btinternet.com – especially for Baptism's or Weddings. Contact a funeral director in the first instance to arrange a funeral.

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Name	Services	
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Bloom Fine Art	Exceptional art, unforgettable service & expert guidance	
PPM Photography	Friendly, professional service. Motorsport speciality.	
Rosie Norman Fine Art	Stunning nature art from your pet, animals, insects, flowers to moonscapes and much more. Sales & commissions.	
Silverstone Design Solutions	Graphic design and print for local businesses including brochures, exhibition banners, logo design and explainer videos.	
ADS Training	Community basic life support training to teach essential life saving CPR skills	
Signature smiles	Dental practice which is patient focused and holistic. We also offer same day emergencies.	
Silverstone Brewery	Locally brewed beer, pop up food trailers & café	
Unlimited Sound	Professional sound, lighting, bands and solo artists, discos, silent discos, comedians and DJs. For all your event sound and music needs.	
untoldww1	Battlefield tour guide. Historical research, tailored tour design. Walk, cycle, drive	

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studio@rosienormanfineart.co.uk	07928 637774	www.rosienormanfineart.co.uk also Insta and FB
rosanne@silverstonedesignsolutions.com	07905 388459	www.silverstonedesignsolutions.com
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Pull out & keep local businesses

Name	Services	
BASH	Bespoke & personalised decorations and gifts for all your events.	
CakedInGlitter	Local cake baker suppling cakes for all occasions as seen at Cafe 74 at the SRA.	
Cakelicious by Isla	Celebration cakes for Birthdays, Christenings, Anniversaries and Weddings. Plus decorated biscuit and cupcakes.	
Cheryl Watson	Basic technical support. From setting up your phone, wifi & Smart TV to installing apps & online shopping. 60 minute 1:1 sessions	
Just Computers	Whether you're an everyday user needing quick, jargon-free support or a growing business looking for scalable IT solutions, we've got your back, with clarity, flexibility, and heart.	
Rosie's Repairs	Mobile phone, computer, tablet and controller repairs. Covering NN12 and MK19.	
I care @ home	Professional senior home support	
Pop-in Home Support	In home support	
J P Childcare Services	Registered Childminder	
JPM Driving School	Driving lessons & refreshers. Manual.	
Chipsaway	Bodywork repairs, scratches and chips	
King of Walkies	Dog walking and sitting services	
Lockforce Brackley	All lock services; lockout, lock change, repair, security upgrade, or just some honest advice. Brackley, Towcester & all villages inbetween.	
Oven Warrior	Professional Oven Cleaning based in Silverstone but covering Northamptonshire	
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What a summer so far! Heatwave after heatwave with more to come.

The last N&Vs highlighted the Towcester Music Festival where Rotary provided many of the front office stewards/ticket sales. The first concert of the four day weekend was Friday lunchtime when pupils from Sponne gave a concert in St Lawrence Church. This concert was free of charge, but many people responded by making a donation to the cause.

What a wonderful concert it was with both experienced and novice musicians playing a wide variety of well-known pieces from quite modern composers to film themes. The church was full and it was good to note pupils from Silverstone were in the ensemble. And it all ended with a spirited rendition of 'Sweet Caroline' – I wonder why?



We were particularly pleased to welcome the High Sheriff of Northamptonshire (2026/27), Roger Butler and his wife, who were extremely

complimentary about the standard of musicianship displayed. The bonus was that the High Sheriff came dressed in his official livery and cut a very handsome dash as you can see. During his shrieval year he is supporting children and youth initiatives in the county.

For Rotary members, June sees a new year beginning with a handover to a new President, Steph Jones. New Committee chairs and officers also take over and plans are made for the forthcoming year. It can be revealed that Santa will be visiting Silverstone again this year and various other activities are being organised, so watch this space.

The village has helped support Steve Challen from St Lawrence Church and his helpers get much needed supplies to Ukraine. You will remember the clearing of Clare House but many other donations have been made by the good people of our village. Steve has been visiting various organisations and sharing the work undertaken and with funds left over a **ninth** ambulance was dispatched in early July to the beleaguered country.



Denton (one of our very own) has been inaugurated as the District Governor for the East Midlands (District 1070) which comprises over 1600 members in 70 clubs.

At the above handover ceremony, Steve, who is already an honorary member of Towcester and District Rotary, became a Paul Harris Fellow – the highest honour a Rotary Club can bestow.

The club are immensely pleased and proud to announce that Rtn Dawn



Credit: James Smart

News from Silverstone Youth Hub

When the Youth Hub returns after the Summer break, the session will be running on a Friday evening, every week during term-time, same time of 7-8.30pm and same place (The SRA).

Silverstone Youth Hub is the place to be on a Friday night for young people - bring your friends, meet new people, chill out, play sports, do arts and crafts, the space is yours and we can't wait to see you there!

Proper Silson

No : 7 Nurse Mowbray.

Doc came to Silson from several years in a New Town practice, 4 years as a hospital doctor, and six months in Great Yarmouth; a working holiday resort. So, he had no country practice experience. Nurse Mowbray was a single woman living in nearby Whittlebury with her single sister. She was nurse, midwife, health visitor and home help organiser. These days NHS paid posts for four persons. She added a fifth post in aiding Doc to adjust to being a rural village doctor. A very direct nurse for whom a spade was very much a spade. She had a heart of gold and was recognised for her no nonsense approach to her job. Together we enjoyed maternity clinics and home deliveries until the Royal College decided that home deliveries should no longer be on the menu. Very much a political decision. She was organist at Whittlebury Church and was Akela to the local Cub Scout pack, based in Whittlebury, not in Silson where youngsters joined the Boy's Brigade. Tough as nails but with the softest of hearts for her flock. A non-smoker, she took three cigarettes to a couple who had just lost a child and stayed with them to share a smoke and mitigate their grief. She had a habit of entering a home without a warning knock on the door. It is thought that on her passing she would arrive at St Peter at the 'Gate' and walk straight in! She made Doc what he became for his village, and he will for ever be in her debt.

Doc

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Canons Ashby House, Banbury Road, Daventry NN11 3SD

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Summer Fun for the Whole Family

Make unforgettable memories with Canons Ashby's programme of seasonal events, including:

- **Hop, Skip and Soar Play Trail**, 18 July–6 September
- **The Jungle Book**, 1 August, 5.30pm - 7.15pm
- **The Festival of Archaeology**, 31 July and 1 August, 10.30am - 2.30pm
- **Nature Explorers**, Every Tuesday throughout August
- **Apple Harvest Weekend**, 26 and 27, 27 September, 10:30am - 4pm

Bring a picnic, enjoy an ice cream, follow family trails and let little adventurers discover the great outdoors.

A perfect summer day out for all ages, where history, nature and adventure come together at Canons Ashby!

About Canons Ashby

Built by the Drydens using the remains of a medieval priory, the house and gardens have survived largely unaltered since 1710 and are presented as they were during the Victorian era.



Credit: James Smart

The warm, welcoming house features grand rooms, stunning tapestries and Jacobean plasterwork, contrasting with the domestic detail of the servants' quarters.

Stroll in the historic parkland and catch glimpses of early medieval landscapes, while a wander through the priory church reveals the story of the canons of Canons Ashby.



ROAD CLOSURES

- There will be no road closures in Silverstone or Whittlebury villages, so you do not need Resident Access labels for the MotoGP weekend.

PARKING RESTRICTIONS

- Limited to the essential routes
- Cones will be placed on Friday, with restrictions in operation from Saturday 8 August 00:01 through to Sunday 9 August 00:00.

OTHER INFORMATION

- Taxis are allowed to drop off and pick up from Car Park 49 outside the circuit main entrance.

TRAFFIC MANAGEMENT	FRIDAY 7 AUG	SATURDAY 8 AUG	SUNDAY 9 AUG
Heavy traffic in the locality	✓	✓	✓
ONE WAY DADFORD ROAD – CIRCUIT		✓ AM ONLY*	✓ AM ONLY
ONE WAY Dadford Road Southbound (Buckingham direction) from South entrance/West 10 roundabout to Dadford village.			✓ PM ONLY

*Contingency only

Mid-Week Self-Care Through Mindful Doodling

A friendly four-week creative workshop combining simple doodling, good company and practical everyday calm.

Self-care does not have to mean big changes, expensive treats or finding lots of spare time. Often, it is about small, regular moments that help us pause, breathe and come back to ourselves. When life is busy, our thoughts can race and our bodies can feel tense. Taking even a short break to do something steady and enjoyable can help us feel more balanced and better able to respond to the day, rather than simply rush through it.

That is where simple creative activities can be so useful, especially when they are shared with others. Like mindfulness, mindful doodling invites you to slow down and focus on what is in front of you, but the route in is creative: choosing patterns, adding lines, chatting as you go, and watching your own image take shape. There is no need to analyse anything or "get it right". It is simply a fun, sociable way to slow down for a while.

In October, Gini will be running a four-week Mindful Doodling workshop for anyone who would like a relaxed, sociable introduction to this kind of creative practice. Across four Wednesday evening sessions, you

will learn the basics step by step in a friendly group setting. You will build a small collection of patterns and techniques to keep using afterwards: for cards, journals, quiet moments, small personal projects, or a quick doodle when you are out and about.

- No artistic skill or previous drawing experience is needed
- All materials are provided
- Refreshments are included
- Come on your own or bring a friend
- Take home your own finished creative piece inspired by your "favourite things"



Think of it as a creative evening out — a little mid-week self-care, with a lovely takeaway: simple doodling ideas you can return to in everyday life. The atmosphere will be welcoming, supportive and unpressured, with clear guidance throughout, so you can simply enjoy having a go.

Workshop dates: Wednesday 7th, 14th, 21st and 28th October, 7 pm to 8 pm.

Venue: St Michael's Church Rooms, Silverstone.

Cost: Early bird rate £50 when you sign up by 6th September 2026. £60 after that.

To book your place or ask any questions, please contact Gini on 07539 936464 or at enquiries@ginidellow.co.uk.

Places are limited, so early booking is recommended.

Get in Touch

For individuals: hello@talktogini.co.uk

For groups and organisations:

enquiries@ginidellow.co.uk

07539 936464

<https://ginidellow.co.uk>



Buried so far from home

Kut al Amara lies between Basra and Baghdad in Iraq and was the site of a Great War conflict less known than those at Somme or Verdun, but which would have a similarly catastrophic human cost.

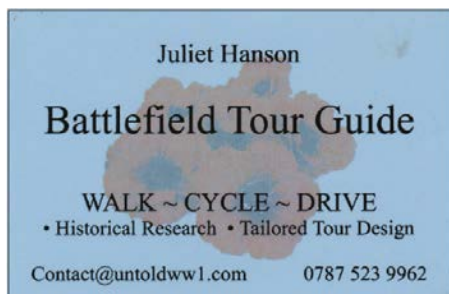
For Silverstone, it meant the loss of one of its own: Pt Frederick George Wootton, from Gravel Walk.

Fred joined the Ox & Bucks Light Infantry, which was sent to India in 1914 as part of the 6th (Poona) Indian Division and in November that same year moved to Mesopotamia (Iraq) to protect British oil supplies, and its prestige, in the wake of Turkey's entry into the war on Germany's side.

The division fought its way up the Shatt al-Arab waterway from the Persian Gulf to take Basra in November: the key to securing oil supplies. By June they were advancing again intending to capture Baghdad, via the town of Kut, entering it on 28 September 1915. By mid-November, they were only 25 miles from Baghdad.

However, the heat, lack of artillery, ammunition and supplies had weakened the division, and a battle at Ctesiphon, 22 miles south of Baghdad inflicted heavy losses. The division retreated to Kut.

On 7 December, the Turks surrounded the 10,000 troops and for the next few weeks launched attack after attack against the Kut defences. The



division only had food and supplies to last two and a half months. The defenders slowly starved.

The diary of Lieutenant Henry Gallup, gives a flavour of what Fred would have experienced:

'I can't tell you how beastly it is to make your breakfast off a plate of indifferent horse or mule: no tea and dinner, instead roast or minced horse and the balance of your piece of bread...'

In January 2016, two further divisions were despatched to relieve those at Kut, but after suffering 23 000 casualties themselves in their attempts, it was clear that the garrison at Kut would have to surrender. Starving and sick, the garrison gave themselves up and 13 000 men marched into captivity. A third of these were to die of disease, malnutrition and cruel treatment. It was one of the British Empire's worst defeats of the war.

Fred died on 31 March 1916 from wounds believed to have suffered in the second of three major attempts to lift the siege. He lies where he died.

contact@untoldww1.com
07875 239962

Northants & Rutland open studios

From September 19th daily until 27th our group of six mixed media artists who are NROS members will be exhibiting in the calm airy space of Silverstone Methodist Chapel. Tea and cake awaits you. Discover a mix of art styles, all under one roof. Weaving & wood turning will be performed 11am to 3pm.

Do you know what cyanograph printing is?
Or do you fancy weaving your very own miniature piece?
Or just watching someone bring a scene alive in paint?

Workshops to 'Have a Go' are running on each Saturday.

Open

19th, 21st to 26th 10am to 4pm

20th, 27th 11.30am to 4pm

For more information contact
lesley.russellbrown@gmail.com

Who's chasing who for an autograph?



The previous photograph was a historic postcard of West End taken from the lower part, looking up.

Ivor Billhook – Old Silson Correspondent





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Grey Matter Workout

Answers on page 50

1. What is the capital of Mongolia?
2. Which African country has the largest population?
3. What is the name of the highest mountain range in South America?
4. What is the most stolen food in the world?
5. Which pop star is known by the nickname "Mother Monster"?
6. What is the most popular pizza topping in the world?
7. Which is the most popular pizza topping in Japan?
8. Would you rather swim in water that is 100°F or 100°C?
9. How many bytes are in a gigabyte?
10. What does "GPT" stand for in ChatGPT?

Silverstone Gardening Club

The first half of 2026 has certainly broken UK weather records, and now July is bringing an unprecedented number of days above 34°C. This has created huge challenges for our environment, placing increasing pressure on our precious water supplies. Unsurprisingly, many areas are now subject to hosepipe bans. We are often reassured that our lawns will recover once the rain returns, but looking out at my own garden, I'm not so sure everything else will! It has certainly made me rethink some of the traditional English garden plants I have happily nurtured over the years. Like many of you, I am now looking at plants that are better suited to hotter, drier conditions, while still providing food and shelter for the bees, butterflies and other beneficial insects that are so important to our gardens.

Adapting to our changing climate is becoming increasingly important and is something we can no longer ignore. Our gardens will inevitably evolve as we learn what thrives in these changing conditions. I can only imagine the discussions taking place within the nursery industry as growers decide which plants will be best suited to the future. Our farming communities, too, must be facing immense challenges as weather records continue to be broken. Producing our food is becoming ever more difficult.

Our June speaker also gave us something to think about, explaining that some imported flowers are grown using chemicals so hazardous that growers must wear protective suits and masks. It is a sobering thought and perhaps raises questions about how climate change, disease, pollution and invasive pests may affect food production in years to come. As gardeners, these are all issues that encourage us to think carefully about how we garden and how we care for the environment.



On a much brighter note, the planters in the village centre are a wonderful splash of colour and are looking magnificent. They provide a cheerful welcome throughout the summer months, despite the challenging conditions. A sincere thank you goes to all our volunteer waterers, whose time and dedication keep the displays looking so beautiful for everyone to enjoy.

Forthcoming meetings and events:

- 28 September – Water Garden Solutions
- 26 October – Heritage Apples through the Seasons
- 30 November – Christmas Social/Table decoration demonstration followed by AGM

Please note the change of date for the Annual General Meeting (originally October meeting).

Club information from the Secretary, Sally Hudson, at silverstone.garden.club@gmail.com

Silverstone Flowers information from Glenda Hunter Fuller at glendalouisefuller@yahoo.co.uk

Heather Illingworth

Chairman - Silverstone Gardening Club

Stepping up

We've all seen it play out. You're in a local community group, a chaotic office, or a family discussion, and a job needs doing.

"Who can help with moving this weekend?" "Can anyone make a start on the work that needs to be done?" "Who's free to help with this event?"

Cue the awkward silence. But then, right on cue, the exact same one or two people pipe up: *"I'll do it."*

It happens every single time.

The Two Types of People Who Step Up

When you look closely at the people who always raise their hands, they usually fall into one of two camps:

- 1. The Naturals:** They genuinely want to. They have the energy, they love helping, and they thrive on getting stuck in.
- 2. The Reluctant Volunteer:** They don't actually want to, but they suffer from a terminal case of looking around, realising nobody else is going to move, and thinking, "Right then, I suppose it's down to me."

But here's the rub: regardless of why they do it, it takes a toll. Energy isn't a renewable resource. Every time these same individuals step up, it chips away at them a little bit. It is incredibly tiring to constantly be the designated grown-up in the room.

Continued on next page...

The View from the Sidelines

While the reliable few are burning themselves out, everyone else gets a free pass. They get to sit back, relax, and enjoy the fruits of someone else's hard work.

But the real kicker? Very few members of this passive sideline crew appreciate the time and effort being made or understand the impact of more responsibility being placed on someone else's shoulders. In most cases, their understanding of the process is selective and often simplified. They simply don't want to see the path, the challenges or the hoops that need to be jumped through.

Instead, because they have absolutely no skin in the game and plenty of selective spare time (usually claiming to be far too busy), they tend to become the ultimate armchair critics. It is terribly easy to sit back and dissect why the event wasn't perfect, or complain that the project wasn't done exactly to their liking. It

takes zero effort to judge, but it takes a lot of backbone to actually roll up your sleeves and muck in.

Time to Shift the Balance

If you're the person who always steps up, you know how exhausting it is—but you also know you can't just walk away. Because let's face it, if you don't do it, it probably won't get done at all, and then everyone ends up suffering the consequences. It's a frustrating spot to be in. However, the whole group needs to realise that if they keep leaving it all to you, eventually everything falls apart for everyone, and no one gets what they want.

If you're someone who usually waits for others to take the lead? Try being the one to volunteer next time. It doesn't have to be flawless. Just stop spectating, do your bit, and give the usual suspects a well-deserved break. It makes a massive difference and who knows? You may actually enjoy it!

GA

Silverstone Speed Watch needs you!

Each year, a group of volunteers come together to take part in the community Speed Watch scheme. With our new radar gun, we are now able to operate to our own timetable. The team need more volunteers to continue this year and beyond. Just a few hours of your time every now and again, reduces the burden on others for this important role. The information we gather helps shape future traffic calming measures which benefits the community as a whole.

If you are able to spare some time, please drop us an email silverstonespeedwatch@gmail.com



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The Methodist Tiggers

Parents and tots group

Term time

DATE: Fridays TIME: 9.15 - 11am

CHILDREN AGES: 0-5yrs

*An opportunity for little ones to play
whilst parents can have a chat and a cuppa*

Recommended donation

£2 a session per family

For more details please contact - Judith 07445 224607

At Silverstone Methodist Chapel, Murswell Lane, Silverstone, NN12 8UT



Guidelines for Content

Content from a single contributor/club/group/not-for-profit organisation is 450 words. If articles include photographs, these account for 50 words from the 450 allowance.

Free adverts for these types of contributors will be included at half or quarter page where space permits. Please ensure you have both formats to hand and provide them to us by cut off. This enables us to ensure we use the space available in an efficient and

effective way, allowing for the maximum coverage for your content. Should anyone from this type of contribution group wish to secure a larger space, for instance, a full page advert, the full page advertising rate will apply, and a space will be guaranteed to accommodate it.

We thank you for your understanding. If you have any queries regarding these guidelines, please contact silverstonenewsandviews@gmail.com



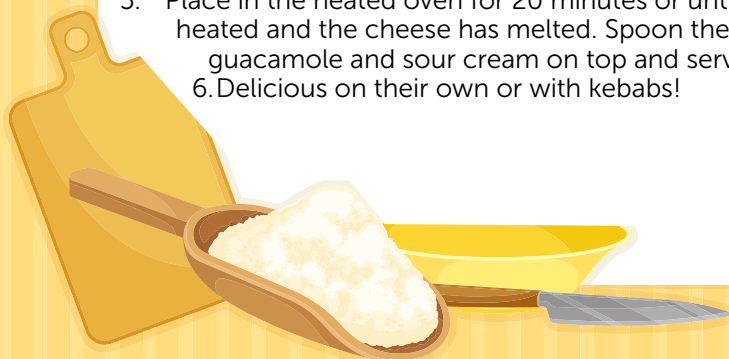
Stuffed peppers Mexican style

Ingredients for 4

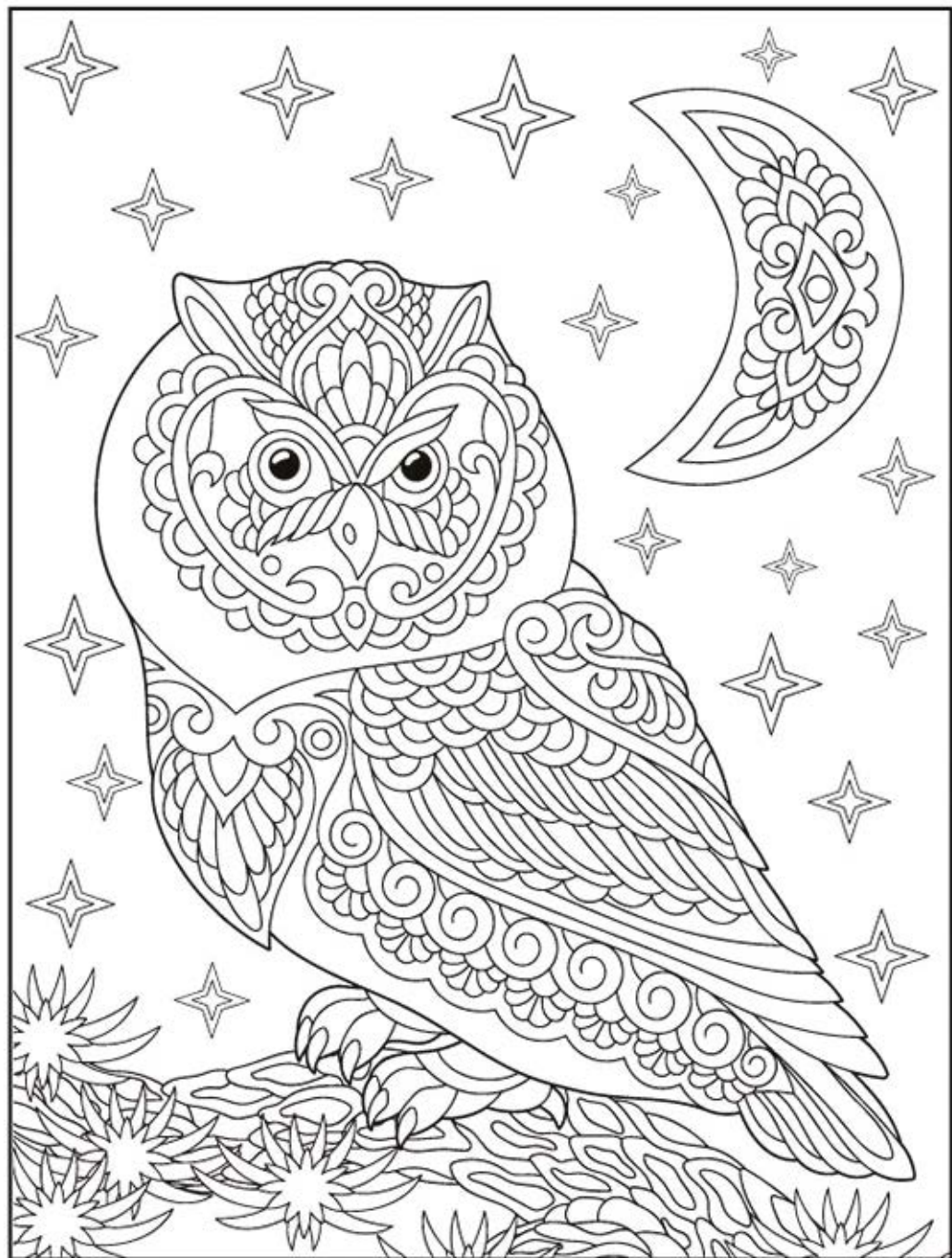
- » **3 large mixed peppers, halved lengthways, seeds and white bits removed**
- » **Oil for drizzling, olive is best, but any will work**
- » **2 x 250g pouches Mexican style ready cooked rice**
- » **400g can beans (kidney beans or black beans or mixed) drained and rinsed**
- » **1 x can chopped tomatoes**
- » **3 x handful of grated cheese (use regular cheddar, monterey jack or feta if you prefer) or a packet of ready grated cheese such as mozzarella**
- » **Small pot of sour cream**
- » **1 x ripe avocado mashed or a small pot of guacamole**
- » **Salt and pepper**

Method

1. Put your oven on to a medium heat (170 degrees).
2. Place the pepper halves out cup side up, in a lightly oiled dish.
3. Mix together the tomatoes and the drained beans. Take the pouch of rice and squidge it to break up the rice before you open it. Add the rice to the beans and tomatoes and mix well. Add salt and pepper to taste.
4. Carefully spoon the mixture into the pepper halves, drizzle generously with oil and top with your choice of cheese.
5. Place in the heated oven for 20 minutes or until thoroughly heated and the cheese has melted. Spoon the avocado/ guacamole and sour cream on top and serve.
6. Delicious on their own or with kebabs!



Summer Colouring



Support your village magazine!

Many thanks to those of you who have supported us already. If you would like Silverstone News & Views to continue to produce lively, informative, independent news and opinion moving forwards, **we need your help.**

Join us in our drive to finance the print costs for your local magazine to keep it alive; both now and for future generations.

There are several options for you to show your support (as suggested by donors):

1. Monthly Standing Order of £2.00

2. Annual Standing Order of £24.00

3. Monthly Standing Order of more than £2.00

4. One off donations

Sending a payment to us is simple using your online banking, banking App, phone or in-person banking.

Account name:	Silverstone News & Views
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Sort code:	23-05-80
Reference:	<last name>

We are very happy for any support the residents, groups & clubs of the village are able to give us to help keep this publication independent and alive.

We will also be extending page sponsorship to every edition moving forwards. This is a great way to acknowledge a birthday, anniversary, significant date, friend or family member or to see your name or your group's name in that edition. You will see examples in this edition.

Page sponsorship is £5 per edition. If there is a particular page that takes your fancy or you are happy to leave it up to us, just let us know before cut-off for that edition. Send your request to silverstonenewsandviews@gmail.com.



Answers to Silverstone Search - Movie Mania on page 13



Answers to Grey Matter Workout page 41

1. Ulaanbaatar, 2. Nigeria, 3. The Andes, 4. Cheese - around 4% of all cheese produced globally is stolen, 5. Lady Gaga, 6. Mozzarella cheese, 7. Tuna and corn, 8. 100°F - that's a warm 37.8°C, while 100°C is boiling point!, 9. 1 billion bytes - or more precisely, 1,073,741,824 bytes, 10. Generative Pre-trained Transformer

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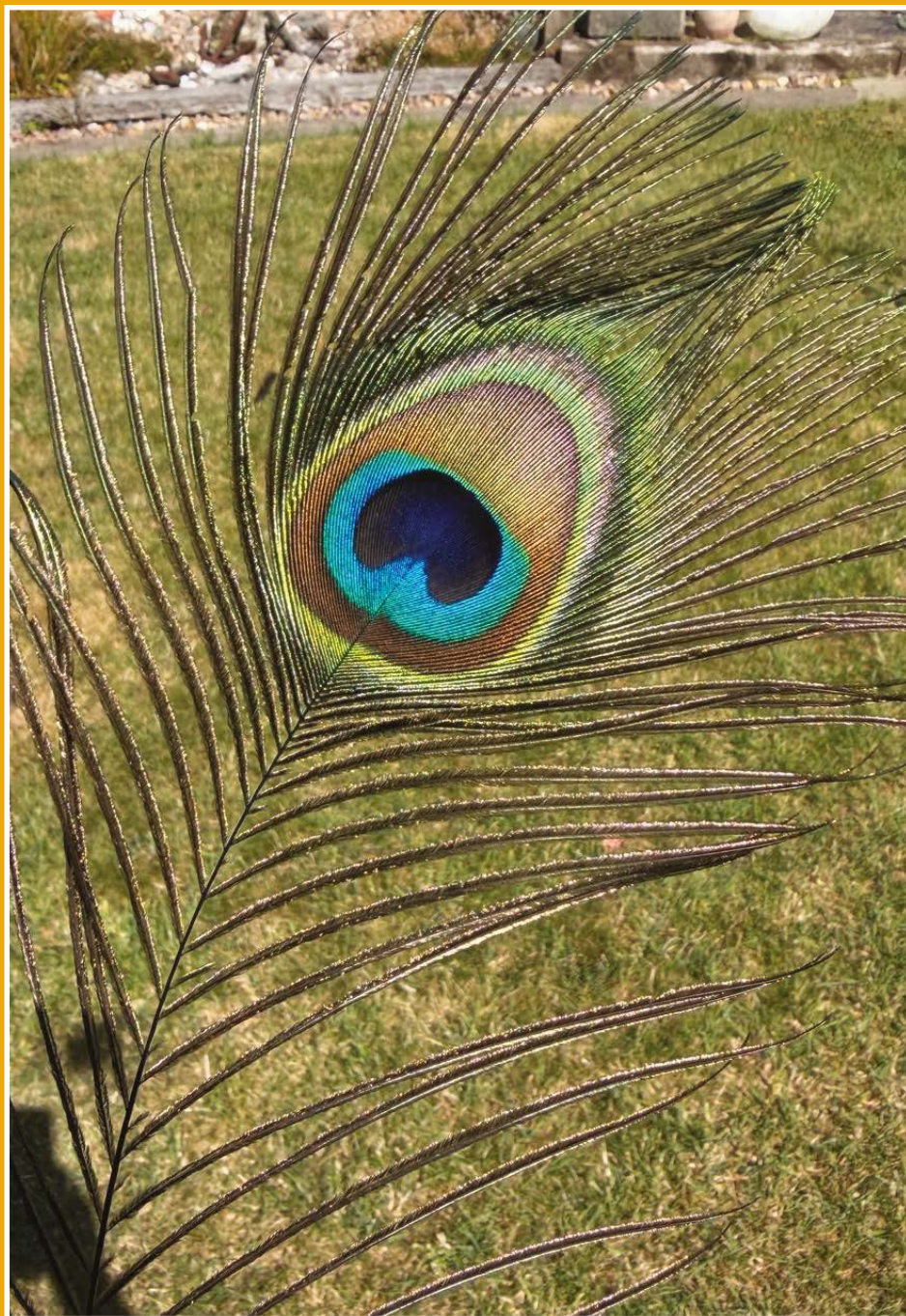
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Advertising Rates 2026

2026	Parish based businesses per issue	6 for 5 offer Parish based businesses	Non-Parish based businesses per issue	6 for 5 offer Non-Parish based businesses
Full page	£35	£175	£45	£225
Half page	£25	£125	£35	£175
1/4 page	£17	£85	£25	£125

6 for 5 offer: Pay in advance for your advertising and book six editions for the price of five. Orders must be placed and paid for in advance of cut off date. Contact Annie for more information.



Credit: Carol Mason